



Melissa Minutes

By **Melissa McCallum**
GHHN Director

Happy May everyone! May celebrates and builds awareness around many important topics including; mental health week, women's health month, nurses' day, doctors day and paramedic services week, among many others. There is no shortage of important things to focus on for health and wellness this month!

We are pleased to announce we have received funding for the GHHN for the next 6 quarters which will allow us to continue and grow the OHT work. Over the last year we developed plans that are well aligned to those the ministry and Ontario Health want to see in all OHT's (page 2)

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Partnership Council

June 21st at 1:00pm
via Zoom



We need your input!

EngageGHHN: Sign up today for our
online engagement platform at
EngageGHHN.ca



Melissa Minutes

...continued

across the province. A continued focus on equity will remain a priority for all of our work.

Please continue to visit our social media sites and website for up to date OHT information and information from across our partners, there is a lot going on! As always, my virtual door is always open! Thank you for reading and thank you for all your hard work and continued dedication to serve our GHHN community.



Digital Health Update

Ceara Holditch

St. Joseph's Healthcare Hamilton & Body Brave: Eating Disorders Virtual Platform and Care Services

This project sought to provide a virtual platform for eating disorders resources and navigation support to patients on the SJHH Eating Disorders waitlist (1.5 years long). The Careteam mobile application provides enrolled patients with a standardized action plan that includes eating disorder information, a self-assessment tool, referral forms, and self-help resources (including webinars and manuals). Based on the self-assessment, appropriate patients are invited to sign-up for Body Brave's virtual groups and individual treatment.

As of March 31, this project has had 769 unique patients use the virtual care service!

To learn more about this program, visit the link below:

www.bodybrave.ca/sjhh-self-assessment



GHHN Long Term Care Advisory

The LTC Collaborative has become the GHHN LTC Advisory. This change will reflect the need for a more fundamentally integrated LTC framework which places residents and staff at the center of a progressive, inclusive, and evidence-informed system of care. The GHHN LTC Advisory is a dedicated group of clinicians, administrators, and community leaders working to establish this new regional framework for LTC within the GHHN. The GHHN LTC Advisory is committed to integration, optimization, and innovation of long-term care across Hamilton, Haldimand, and Niagara North West's 36 homes, recognizing that each of these regions will require approaches tailored to their LTC homes, communities, and health care organizations. Reporting to the GHHN LTC Advisory is the GHHN LTC Physician-Lead. The Physician Lead serves to operationalize the LTC Advisory strategic agenda and reports to the Advisory at its monthly meetings. This work is underpinned by three cornerstone pillars of service, education, and research, and aligns entirely with the GHHN's Health Equity Framework which mandates an overall approach that is anti-oppression, anti-racist, sex-gender based, and intersectional.

For more information email megan.lynch@ghhn.ca



Denmark

Melissa McCallum and Sarah Precious are off to Denmark at the end of May to represent the GHHN with two presentations at the International Conference on Integrated Care. We are proud to have worked with our Patient Advisors and community partners to co-develop our presentations on Women's Health Days and Engagement Strategy. We hope to inspire others and bring back new approaches and learnings to continue building integrated and engaging approaches to healthcare redesign. Stay tuned to socials to learn more about the conference.

Link to conference: integratedcarefoundation.org/events/ic-ic22-22nd-international-conference-on-integrated-care



Building community health together



Meet the Team

Nyasha Gondora, PhD

The Greater Hamilton Health Network would like to introduce Nyasha Gordon, who is completing her OHT Impact Fellowship with the GHHN for the next year.

Working with the Dalla Lana School of Public Health from University of Toronto's Institute of Health Policy, Management, and Evaluation, the OHT Impact Fellowship places skilled evaluators and researchers in a paid year-long embedded fellowship funded by the Ministry of Health.

Nyasha completed her doctoral studies in Neuropharmacology at the University of Waterloo, School of Pharmacy and proceeded to pursue postdoctoral training in Clinical and Social Pharmacy Research. Her postdoctoral research project was to develop Canada's first opioid deprescribing guideline for people over 55 years of age, and to generate evidence to support stake-holder initiatives that promote national opioid stewardship.

Nyasha will work with the implementation, monitoring, and evaluation of the GHHN Health Equity Framework and Action Plan, including assisting the collection and analysis of socio-demographic and race-based data, providing support to working groups of the GHHN Health Equity Council, and coordinating with the project management staff to identify opportunities and develop strategies for enacting the recommendations given in GHHN's Health Equity Report.



2022 GHHN Leadership Award

In September the GHHN will be awarding one individual (a GHHN partner, patient advisor, organizational leader) with our annual Leadership Award. We invite you to nominate an individual who you feel exudes the following:

- Shown leadership within the GHHN
- Upholds and puts into action the vision and mission of an Ontario Health Team
- Continues to grow through learning, unlearning and working with others
- Inspires and supports the growth and success of others

Please submit the name, position/organization, and short write up of why you feel they deserve the award an submit it to info@ghhn.ca by Tuesday May 31, 2022.

Building community health together





Meet the Team



Anna Burns

As the Engagement and Communications Coordinator, Anna will be supporting the development of communications plans and strategies. She completed her Bachelors Degree in Media Studies with a focus in Public Relations at the University of Guelph-Humber. Anna joins us with marketing experience in non-profit organizations and is passionate about community outreach.

John Flemming

Patient Advisor

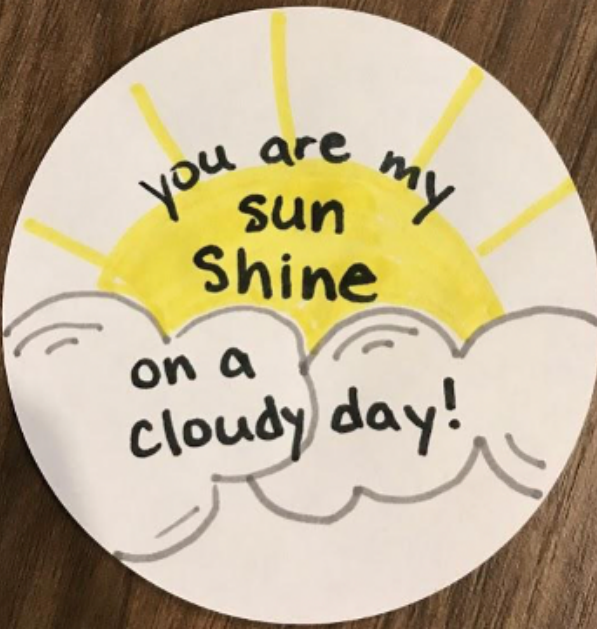
John started his career as a social worker and rapidly rose through the management ranks of local and provincial governments as well as not-for-profits achieving senior leadership positions in several organizations, including service as a municipal CAO, Deputy Minister in Ontario and as CEO of a national health charity.

After completing his full-time career, he continued his leadership work by achieving the Chartered Director designation and opening his 'occasional' consulting practice. Since 2008 he has focused his work around governance teaching and advice, executive mentoring and coaching and group facilitation, especially emphasizing his ability to help boards and teams to work effectively to identify and achieve common goals.

He is the Integrity Commissioner for the Town of Caledon and Past Chair of the Board of Governors of Sheridan College; has served on numerous boards and committees and is a past Chair of the Board of Directors of Halton Healthcare Services and of Ovarian Cancer Canada. He is currently a member of the Council of the College of Social Workers and Social Service Workers.

Along with his professional experience, John brings his own lived/living experience with the healthcare system as a patient. John has worked with the GHHN as a Patient Advisor since our inception in 2019 and has served on the Executive Council, Patient, Family, CarePartner Leadership Network, and various committees throughout the GHHN. John, we thank you for your leadership, insight, and guidance.





Haldimand Corner

Barbara Klassen

With warmer weather upon us and outdoor events returning, we are excited to share some events that, in my opinion, mark an exciting milestone in our evolution as a unified team. These events showcase our collective commitment to celebrate our diverse communities and the people we serve every day.

In May, the GHHN has participated alongside our Haldimand community members and organizational partners in a number of exciting initiatives:

On May 2nd, the GHHN celebrated Mental Health Week with community members and partners in Haldimand County at the Lions Park in Dunnville. Organizations across Haldimand participated in the GHHN's Mental Health chalking day on May 3rd.

GHHN staff will be participating alongside our community to celebrate Pride Haldimand on May 28th.

We look forward to continuing this journey of collaboration and learning and are optimistic about the promise of Ontario Health Teams as we continue to forge a path forward for a seamless, client-centred and equitable system of care for our Haldimand communities



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PEACH Health Ontario Dr. Myles Sergeant

Introducing, PEACH Health Ontario (Partnerships for Environmental Action by Clinicians in Health facilities), empowering healthcare workers to take action and make a difference for the environment.

Over two-thirds of Canadians are concerned about climate change. The healthcare sector accounts for 5% of the national carbon footprint, which is more than the airline industry. There is much work to be done, and it starts with you, our healthcare leaders!

There are a variety of sustainability initiatives happening in Ontario. These projects include leadership strategies, education, deprescribing pharmaceuticals, sourcing local food, and improving natural systems. PEACH has reached out to many of the project leads to create a network of 'sustainability stars' who lend their time and share their ideas, providing us insight and guidance.

At this point in the climate crisis, PEACH is focusing on initiatives we know will be successful and have begun to implement them. We have a goal to plant over 100,000 trees at health facilities, to work with procurement agencies to determine how to decrease the supply chain footprint, to work with engineers to decrease energy demands, and to create a 'Coles Notes' for leadership to concisely demonstrate which initiatives should be picked first.

Hamilton, Haldimand and Niagara Northwest, we encourage you to become a leader in healthcare climate action and continue the good work that has been started by your local hospital systems,

GHHN Environmental Sustainability Corner



*A space to learn,
share and work
towards greener
healthcare.*

the Hamilton Family Health Team, and many other local leaders. You are in a position to have a lasting local impact.

Want to know more?
Visit, www.peachhealthontario.com



Environmental Sustainability Among GHHN Partners

December 2021

GHHN healthcare partners were asked about their environmental sustainability efforts to assess current state and guide future efforts.

Findings

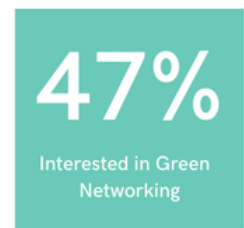
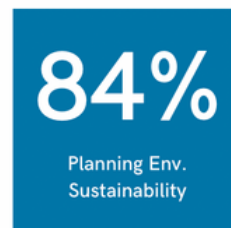
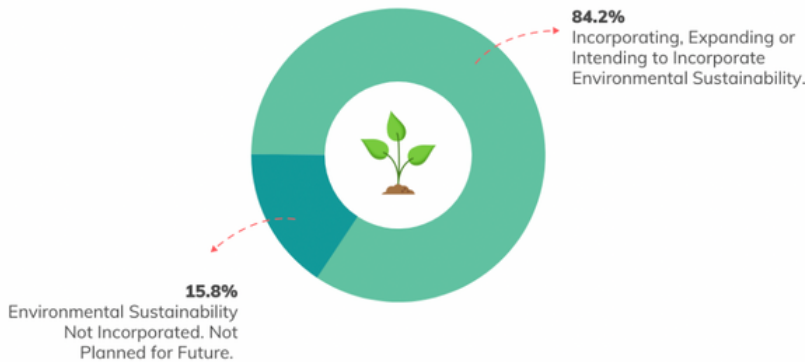
Environmental Sustainability (ES)

- 53% of GHHN partners actively engage in ES.
- 84% of GHHN partners are planning to increase ES in the future.
- Most common ES initiatives was recycling and waste diversion.

Resources and Interest

- Increased interest in education and collaborative programs.
- 73% interested in participating in ES initiatives.
- Resources to support ES are now more accessible.

Environmental Sustainability
GHHN PARTNERS



Recycling is the Top ES Activity Among Partners



Some ES governance and Reporting Exists



Cost of ES is a Common Concern



Strong Enthusiasm & Optimism for ES



ES Opportunities Exist for Positive Outcomes

We recommend channeling energy for ES work into:

- Audit ES Practices
- Embed ES within Quality Improvement Structures
- Collaborate
- Build Capacity for ES through Education and Funding