



## Melissa Minutes

By **Melissa McCallum**  
**GHHN Director**

Dear GHHN Partners,

With summer officially here, I hope you're finding time to relax, recharge, and enjoy the longer days—whether that means time with family, exploring the outdoors, or just taking a well-deserved breather.

The GHHN has been busy moving exciting projects forward. One of the big highlights: HealthPathways is now live! This new tool will help system navigation and standardize care, making it easier to connect patients to the right care at the right time. It's a big step toward a more connected health system—and we're excited to see it in action.

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### Partnership Meeting

Our next Partner Meeting will be taking place September 23<sup>rd</sup> from 12pm - 1pm via Teams.



Help us create a list of  
Annual General Meetings  
across the GHHN!

Complete a one minute [survey](#).

# Melissa Minutes

## ...continued

We're also continuing our work on:

- Expanding team-based primary care, especially in areas where access is limited
- Improving digital health tools, so providers can work together more efficiently
- Focusing on health equity, making sure all communities are heard and supported
- Collaborative Governance, strengthening the way partners across our system work together toward shared goals

None of this would be possible without your ongoing support, ideas, and leadership. Whether you're on the front lines, part of a working group, or helping shape strategy—thank you for all you do. We'll keep sharing updates as we go, and as always, we'd love to hear from you anytime.



## HealthPathways and Video Launch

### June 10, 2025

The Middlesex London Ontario Health Team, Greater Hamilton Health Network and Burlington Ontario Health Team are excited to announce that HealthPathways has launched in Canada and healthcare providers are invited to register for a free account.

HealthPathways offers clinicians locally agreed information to make the right decisions together with patients, at the point of care.

The pathways are designed primarily for general practice teams, but are also available to specialists, allied health professionals, and other health professionals in your region.

[Watch this short video to learn more.](#)

To register for Community HealthPathways, go to [greaterhamilton.communityhealthpathways.org](https://greaterhamilton.communityhealthpathways.org)

Read the June HealthPathways Newsletter, [here](#).







## Welcome Lilian Altajjar!

### New GHHN Staff

Lilian is the newest member of the GHHN team, stepping into the role of HealthPathways coordinator.

She is a fourth-year economics student at McMaster university, who is dedicated to applying her academic knowledge to public service. In her free time, she enjoys exploring the Hamilton trails and exploring the Hamilton food scene.

## 15th Annual Update in Geriatrics

### McMaster University

Join us for the 15th Annual Update in Geriatrics, a virtual [McMaster University CPD office](#) program dedicated to advancing knowledge in geriatric care. Taking place on Wednesday, November 19, 2025, this educational program is designed for physicians, nurse practitioners, nurses, occupational therapists, physiotherapists, social workers, pharmacists, other healthcare professionals, and students seeking the latest insights in aging and elder care. Stay ahead with expert-led discussions on best practices, innovative treatments, and interdisciplinary approaches to improving patient outcomes.

Date: Wednesday, November 19, 2025

Time: 8:45 a.m. to 3:35 p.m.

Delivery: Virtual

[Register](#)



At the end of this learning activity, the learners will be able to:

- Improve the care of older adults by applying the latest evidence-based approaches to important geriatric topics, including frailty, dementia, delirium, restraints and management of neuropsychiatric symptoms.
- Describe the latest research and innovations in geriatrics, including emerging treatments, care models, and technologies.
- Apply key take home messages in the clinical care they provide with the goal of improving practice.



## Connect My Health Reminder

Use [ConnectMyHealth](#) to view your health records, and truly empower your health journey. ConnectMyHealth is a digital health solution that provides you with an online, single access channel to view your health records from participating hospitals in Ontario Health West Region. ConnectMyHealth can be used on desktop and mobile devices from within Canada, and there's no cost to use it.

## 2024 Annual Report Celebrating 5 years of the GHHN

The Greater Hamilton Health Network is pleased to share the Greater Hamilton Health Network 2024 Annual Report.

The Annual Report highlights the incredible collective work of our valued partners, patients, families, carepartners, staff, and community members. Our sincere thank you for your ongoing engagement, leadership, and contributions to the shared initiatives and priorities of the GHHN. We have made remarkable strides over the past year, and we look forward to working with all our partners to continue to transform healthcare together.

*"To everyone who has been part of this journey, thank you. Your vision, commitment, and partnership have shaped these five years into something extraordinary."*

- Melissa McCallum

Read the 2024 Annual Report [here](#).

Watch our journey in this short video [here](#).





# Ethics Corner

## Sun Drews, HHS Ethics Fellow



Are you curious about how values shape the care you provide? Are you challenged by scenarios where the “right thing to do” isn’t obvious? Are you looking for a place to discuss complex situations that you encounter regularly in your work? Look no further!

The Greater Hamilton Community Ethics Alliance is excited to launch a new **Community of Practice** (COP) for staff, leaders, and care providers across the GHHN who are interested in exploring ethical dilemmas in community healthcare. The goal of the COP is to foster connection, build ethical decision-making capacity, and promote best practices for healthcare providers dealing with ethical issues.

**Who can join?** Whether you have a new interest in ethics or years of experience navigating morally challenging cases, this group welcomes you! Sessions will be facilitated by the Ethicists from Hamilton Health Sciences’ Office of Ethics with participation from health care providers across the GHHN who have a shared interest in values-based care. Using an ethics decision-making framework, we’ll work through case examples brought forward by COP members that arise in everyday practice. No prior ethics training is required! Just bring your curiosity, experience, and openness to have thoughtful discussions about how we can best support clients, families, and our teams and colleagues.

**Why join?** Ethical questions show up every day in community healthcare. Some examples include: What do we do when a client with dementia refuses essential home care? How should we navigate conflicts between client wishes and family demands? What do we do if a client doesn’t seem to understand the repercussions of their healthcare decisions? By thinking through cases like these together we can deepen our understanding of the complexities of ethical issues, build our ethics decision-making capacity to deal with these issues when they arise in our work, and foster a culture of ethics across community healthcare organizations in our region.

Join us on Microsoft Teams on the second Wednesday of every month from 12 – 1pm, starting August 13th. We look forward to seeing you! You can also email us at [officeofethics@hhsc.ca](mailto:officeofethics@hhsc.ca) regarding any questions or concerns.

[Greater Hamilton Community Ethics Alliance COP - Meeting link](#)  
Meeting ID: 281 669 479 524 (Passcode: PM2Zb3LL)

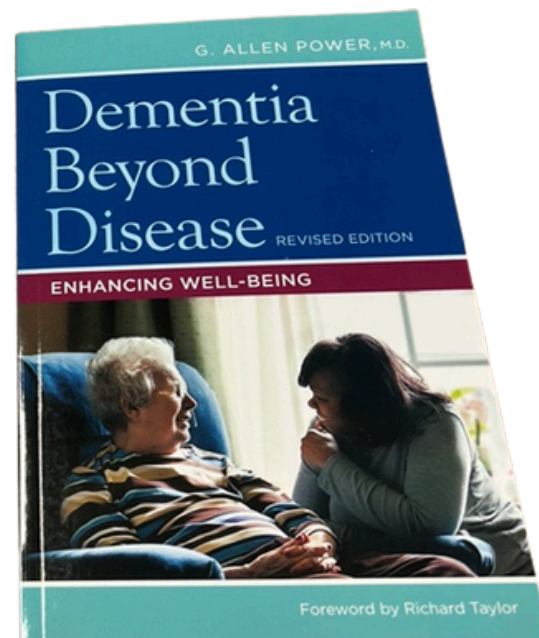
# Long-term Care Advisory Update

Megan Lynch

Long-term Care Advisory had a busy spring hosted Administrators, directors of nursing/care and other senior leads in May and June for in-person meetings.

The May meeting focused on dementia friendly practices with guest speaker Dr Allen Powers, Schlegel-University of Waterloo Research Institute for Aging and Clinical Associate Professor of Medicine at the University of Rochester. The June meeting had guests from Mohawk College School of Health, Wendy Lawson, Lindsay Anderson, and Jessica Directo to explore collaboration and innovation to support learners in long-term care.

To find out more and join the long-term care newsletter email [megan.lynch@ghhn.ca](mailto:megan.lynch@ghhn.ca)





# GHHN Primary Care Network Webpage Launch

We're excited to share that the GHHN Primary Care Network (PCN) has officially launched their new website! Whether you're looking for tools to support your team, opportunities to grow your knowledge, or services to share with your patients, the GHHN PCN is your one-stop shop for primary care across Hamilton, Haldimand and Niagara Northwest.

The website offers an overview of our action plan and leadership structure, the latest updates on newsletters and events, and information on how to get involved and become a member. You'll also find valuable resources for both patients and providers, as well as direct access to HealthPathways. Once you have become a PCN member, members can log into the Member Portal to access a wide range of supports and tools designed to enhance patient care, strengthen professional development, and support practice improvement. This feature will be launched in September!

Visit us at [GHHNPCN.ca](http://GHHNPCN.ca) to explore the new site.

To become a PCN member, email [PCN@GHHN.ca](mailto:PCN@GHHN.ca) with your name, email address, primary care role or title, and confirmation that you work in primary care within the GHHN region.



# GHHN and City of Hamilton Harm Reduction Best Practice Training

Megan Lynch

The GHHN and City of Hamilton co-hosted Harm Reduction Best Practice training to homeless serving sector partners. Our presenters over the two days included Emily Dakers, Good Shepherd, Kimmie Ritche and Alex Ballagh, SOPEN, and Margot Corbin and Melinda Weinhardt, Hamilton Public Health Services Harm Reduction. 65 participants attended one of the two sessions on June 23 and 24.





## Marijke Ljogar

### GHHN Manager, Environmental Sustainability

# GHHN Environmental Sustainability Corner

For this edition of the Green Corner, we're featuring the important work of Greening Health Care – a network helping healthcare agencies across North America reduce energy use and greenhouse gas emissions.

### Greening Health Care – Since 2004

Greening Health Care is a network of leading hospitals, healthcare groups and related organizations across North America, working together to achieve deep energy and greenhouse gas emissions reductions in healthcare facilities. [CLICK HERE](#) to view a list of our current hospital members which benchmark their energy performance, and share best practices and success stories through workshops, a member website and the Annual Forum. Actual savings results are reported annually, and top-performing hospitals are recognized every year. Greening Health Care conducts extensive data-driven research to address identified knowledge gaps, producing best practice reports, checklists and analytical tools to help hospitals accelerate their progress towards low carbon operations. [CLICK HERE](#) to view a list of our latest publications.

With Greening Health Care hospitals can:

- Learn strategies to save energy and reduce utility costs
- Compare energy and water use with other hospitals
- Establish energy use targets and estimate cost savings potential
- Access expert advice and support with technical, regulatory, and incentive program matters
- Network at forums, workshops and webinars
- Share industry knowledge and best practices



- Take part in applied research projects which benefit their own operations
- Be recognized for achievements through industry awards
- Demonstrate leadership in energy efficiency and climate action
- Contribute to their own healthy communities

Please reach out to [heatherbell@climatechallengenetwork.org](mailto:heatherbell@climatechallengenetwork.org) for more information about the program and membership.

If you work for, or know of, an organization leading the way in sustainable healthcare that would be interested in being featured in our Green Corner, please reach out to [Marijke.Ljogar@GHHN.ca](mailto:Marijke.Ljogar@GHHN.ca). As climate change continues to impact our health and communities, highlighting this kind of work not only shows how healthcare can be part of the solution – it also sparks new ideas and collaborations we're eager to support.





## Haldimand Corner

**Bill Helmeczi, Co-Chair**

Although summer has arrived the work of the Haldimand Health Council continues. Our collective focus has been on ensuring that the community is both aware of all the services that are available in Haldimand, while also focusing on identifying existing gaps or barriers. We would then collaboratively develop new services or implement more seamless pathways into service.

Furthermore, the Council is committed to the New Primary Care Ministry initiative, which is expected to ensure that at least 300,000 people have access to family doctors or nurse practitioners. As well, the Mobile Mental Health and Addictions Clinic at South Coast Wellness, which was initially a provincial four site rural demonstration project has now been given Ministry approval with annual funding. It provides services in the more remote areas of Haldimand County. The services provided are mental health and addictions along with service navigation.

The body representing Haldimand-based health partners known as the Haldimand Stakeholder Council is announcing it will continue to meet under a new name: the Haldimand Health Council. This table has been meeting regularly as part of the Greater Hamilton Health Network since 2021 to coordinate care and be a voice for Haldimand-based providers within our Ontario Health Team. Haldimand is neighbour to the Six Nations of the Grand River and Mississagas of the Credit First Nation, and many Indigenous people live and access health and social services in Haldimand. The Haldimand Health Council is looking to deepen relationships with these First Nations and Indigenous communities who are not simply stakeholders, but inherent rights holders. We hope this small step fosters meaningful reconciliation and deeper cooperation as we continue to build community health together.

Contact [Ryan.Janssen@ghhn.ca](mailto:Ryan.Janssen@ghhn.ca) for any additional information.



# Stay Connected!



[greaterhamiltonhealthnetwork.ca](https://greaterhamiltonhealthnetwork.ca)



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