GHHN HEALTH DAYS REPORT 2021- 2023

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Greater Hamilton Health Network



Building community health together.



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ABOUT THE GHHN HEALTH DAYS

Collaborative Drop-in Health Days

The GHHN, an Ontario Health Team, is building a connected and equitable health care system centered around patients, families, and caregivers to strengthen local services, make it easier for patients to navigate the system, and create seamless transitions between providers.

In August 2021, the GHHN had a unique opportunity to collaboratively offer drop-in and barrier-free health and wellness services to those who may not access traditional healthcare for the first time. The GHHN has continued to offer Health Days providing care to 617 individuals since the start. These events focus on building meaningful connections to those who are unhoused to prioritize proactive and preventative care, support, and with the intention to learn from participants. Women's Health Days provide safe quality care with the ultimate goal of building an integrated, responsive, and equitable healthcare system.

Building on the success of the Women's Health Days, the GHHN also offered a Men's Health Days to unhoused individuals in Hamilton and an Older Adult and Caregiver Day in Haldimand in 2023.

We are overwhelmed by the generosity of the community and look forward to offering more Health Drop-In Days in the future. If you are interested in supporting these future events, please contact Megan Lynch at <u>megan.lynch@ghhn.ca</u>.

Data and Priorities

The GHHN uses a health equity lens and local data to focus our integrated care work. We deliver care in a setting that individuals are familiar with, to reduce barriers of attending appointments in unfamiliar locations, and improve overall access to care. Priorities and services include primary care, mental health and addictions,

Megan Lynch Manager Priority Populations

cancer screening, and other preventative health care services including vaccines, blood borne illness and sexual health screening, and referrals.

Local data in Haldimand shows a higher older adult population compared to Ontario. Using a similar health equity lens, we delivered a health day in a rural community where transportation could limit access to primary and preventative health care. We will continue to use data and an equitable health care lens to plan future events. We look forward to growing and building upon health days across the GHHN.



ABOUT THE SERVICES

What is offered at the GHHN Health Days?

Health Services:

Physicians, Nurse practitioners, registered nurses, social workers, counsellors and more offer cervical screening, mammograms, free contraceptives, mental health and addiction counselling, vaccines, blood borne illness and sexual health testing, and follow up supports and referrals.

Wellness Services:

The peer support, mental health and wellness activities, information on services in the community. Often activities such as yoga, bracelet making, colouring, puzzles, and mindfulness activities.

Wrap Around Supports:

Providers from Access to Housing, Housing Stability Benefit, and other similar supports are on site to answer information, complete referrals, and other supports.

Food and Giveaways:

Participants receive all service at no cost including food, weather appropriate clothing and shoes depending on the season the health event is offered, backpacks and purses, hygiene products, and other items as identified by host organization and provider partners.

Insights from the Participants

I was so worried I had that (illness) and I haven't seen a doctor in years now I know I am healthy. I have never had that test before but I felt I could do it with your support.

Thank you for caring about me, no one else does.



ABOUT THE SERVICES

Replicating GHHN Health Days

Women's Health Days video https://youtu.be/_F-IDs0x-Ic

Women's Health Days Playbook:

https://greaterhamiltonhealthnetwork.ca/wp-content/uploads/2022/05/WHD-Playbook.pdf

Women's Health Days Evaluation:

https://greaterhamiltonhealthnetwork.ca/wp-content/uploads/2022/11/McMaster-Research-Shop-Report-GHHN-Summer-2022.pdf

Women's Health Days Blog

https://greaterhamiltonhealthnetwork.ca/wp-content/uploads/2022/06/ICIC-Blog.pdf

Insights from the Providers

The diversity in services we can offer, from the social housing needs, to the health needs to the exhilarate elements of clothing and food all of those are really complementary and fundamental to the conversation of health. I think within the first half hour, we had 2 full screens, and then a few Point of Care HIV tests as well. So that would be highly successful and not heard of in the history of us being at this event.

There doesn't have to be an official record of someone's first and last name and date of birth, which a lot of services require, which is a big barrier. So right off the hop, we don't ask for any of that.



First Women's Health Day

Date: August 2021 **Location:** Willow's Place



15

Staff

6

40

Participants



Date: December 2021 Location: YWCA



Third Women's **Health Day** 80 **Participants**

Date: March 2022 Location: YWCA



56

Staff

8

Fourth Women's Health Day 866 Participants

Date: July 2022 Location: Good Shepherd



50

Fifth Women's Health Day 5 5 Participants

Date: November 2022 **Location:** SWAP Hamilton





15

11 Sixth Women's **Health Day** 76 **Participants** 32

Date: January 2023 **Location:** YWCA





Date: April 2023 Location: Good Shepherd



Eighth Women's Health Day

MARKSUPPOR

Date: July 2023 **Location:** Willow's Place



32

Staff

97

Participants

Ninth Women's **Health Day** T **Participants 8**()

Date: October 2023 **Location:** Good Shepherd





Date: September 2023 **Location:** The HUB



Most participants seen at a single event



First Haldimand **Older Adult &** Caregiver Day **Participants**

Location: Caledonia Lion's Club Date: November 2023



Staf

16

70

11 HEALTH DAYS

837 SERVED

75 PARTNERS

COMING TOGETHER TO SERVE YOU BETTER



TOTAL HEALTH SERVICES PROVIDED

450 Cancer <u>Screen</u>ings

225

Newcomer

Refugee

Health

300 Pharmacy Services

225

Smoking

Cessation

40 PAPs

> 35 Contraceptives

350 Pharmacy Services 500 Naloxone Training

40 Mental Health & Addictions

40 Wound Care

115 <u>Hep C Te</u>sting

60 STI/HIV Testing

> 250 Vaccines

800 Feedback Engagement

TOTAL SOCIAL SERVICE SUPPORTS PROVIDED

300 Sexual Assault and Domestic Violence

300 Housing and Financial Services

> 200 Recreation Services

800 Clothing and Hygiene Donations

> 840 Food Provided

THANK YOU TO OUR PARTNERS WHO MAKE THESE HEALTH DAYS POSSIBLE:

Hamilton Partners

- Alzheimer Society of Hamilton Halton
- Carole Anne's Place (YWCA Hamilton)
- Canadian Mental Health Association-Hamilton
- Crowne Point Midwives
- De dwa da dehs nye>s Aboriginal Health Centre
- Empowering Dementia-Friendly Communities
- Good Shepherd
- Greater Hamilton Health Network
- Hamilton Health Sciences
- Hamilton Paramedic Service
- Hamilton Police Services
- Hamilton Public Health Services
- Hamilton Housing Services
- Keeping Six
- Kemp Care Network
- Marchese Pharmacy
- McMaster University
- St. Joseph's Healthcare Hamilton
- Shelter Health Network
- Starbucks, Dundas
- The AIDS Network
- Thrive Group
- Wayside House of Hamilton

• Willow's Place (Mission Services)

YWCA Hamilton

Haldimand Partners

- Caledonia & District Food Bank
- Community Support Centre Haldimand-Norfolk
- Haldimand Public Library
- Haldimand Norfolk Diabetes Clinic
- Haldimand Health Unit- COVID & Flu Vaccines, Infectious Disease, Ontario Seniors Dental Program
- Haldimand Family Health Team Primary Care
- HNHB Mobile Cancer Screening Coach
- Hamilton Council on Aging (MICE)
- Home and Community Care Support Services
- Senior Supports Services



We will foster a culture and organization of

innovation. sustainabilit



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