



November 27, 2024

Community Wellness Hubs opening in Hamilton

Hamilton, ON- The Greater Hamilton Health Network (GHHN) and AbleLiving Services, as part of Thrive Group, are excited to announce the launch of two Community Wellness Hubs within CityHousing Hamilton buildings week. Tenants of 405 York Boulevard and 801 Upper Gage had the opportunity to meet providers, learn about planned supports and ask questions at the launch event held Monday and Tuesday within their hubs.

The GHHN, an Ontario Health Team, is building a connected and equitable health care system centred around patients, families and caregivers to strengthen local services, make it easier for patients to navigate the system, and create seamless transitions between providers.

AbleLiving is a not-for-profit organization operated by Thrive Group. Thrive Group has been created to bring like-minded organizations together to develop a broad range and continuum of services that enable clients to live fulfilling lives and as independently as possible. Thrive Group organizations operate independently but collaboratively with other organizations in the network. Benefits of membership include the opportunity to enhance client service, more efficient use of resources, and lower cost of service delivery. As a network, Thrive Group organizations also have access to operational synergies in human resources, finance, Information Technology and overall administration.

The Community Wellness Hub Model is a model of integrated care for older adults that provides health and social services to support older adults living in the community to age safely, healthily and happily at home. The model was established in Burlington in 2019 as a collaboration between the Burlington Ontario Health Team and partnering housing and community service providers. The model is facilitated by not-for-profit and publicly funded agencies that serve the Burlington community and agree to work together to redesign how care is delivered and integrate their operations for a shared population.

The goals of the model include:

- To form an integrated and coordinated network of community providers who can provide care at home to the identified Hub members
- To provide a person-centered approach to care
- To keep members engaged and empowered
- To reduce barriers to health and social care services
- To flag at-risk individuals
- To enhance health and social service provider communication and care planning
- To enhance social connectedness for the Hub members
- To proactively reduce preventable acute service utilization
- To increase housing stability by enabling people to live in their home longer



Quotes from our seniors leaders:

“Wellness hubs are more than just physical spaces; they are communities where people can age in place, connect with services, and find the support they need to live well. By fostering connections, reducing isolation, and offering care where it’s needed most, we create environments where dignity and well-being can flourish”.

Melissa McCallum, Executive Director, GHHN

“We are thrilled to be working in collaboration with the GHHN and other health and social service partners to provide supports to individuals in their respective neighbourhoods. We know that the supports offered by Community Wellness Hubs allow individuals to remain in their homes longer through the coordination and service delivery to those made vulnerable by the social determinants of health with a focus on connections in their community and reducing health and social system pressures”.

Steve Sherrer, CEO Thrive Group and Lucy Sheehan, ED, AbleLiving Services/Capability Support Services

For more information please visit: <https://ableliving.org/programs/#community-outreach> and <https://www.burlingtonoht.ca/community-wellness-hub/>

For media inquiries, more information or to book an interview, please contact:

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Interview availability:

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