

Indigenous Cultural Safety and Awareness Training Opportunities & Additional Learning

Courses:

- Start with Ontario Health's Courses: <https://elearning.ontariohealth.ca/course/index.php?categoryid=20> which are free of cost (at minimum, 4 foundational courses: *First Nations, Inuit and Métis Culture, Colonization and the Determinants of Health; Indigenous History and Political Governance; Cultural Competence in Healthcare; Truth and Reconciliation Commission of Canada (TRC) and the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)*). If Ontario Health's Indigenous Relationship and Cultural Awareness Courses have been completed; these modules should be completed again as they have undergone a major refresh as of March 31, 2023.
- If the health service provider has additional budget for cultural safety training, ensure that the Indigenous Primary Health Care Council's [Anishinaabe Mino'Ayaawin – People in Good Health training](#) (175\$) is completed first, followed by [San'Yas' Anti-Racism Indigenous Cultural Safety Program](#) (300\$).
- If there are local courses or teachings available, these provincial/national trainings do not supersede local teachings. It is encouraged that health service provider staff participate in local courses and teachings when provided.

Additional training is available through the following supplemental courses:

- [Indigenous Healthcare and Practice: Applying Digital Teaching and Learning Resources to the TRC's Calls to Action. A Community-led and Community-Informed Collaborative Initiative](#) – Free
- [Canadian Virtual Hospice's Indigenous Cultural Safety Training: Advanced illness, palliative care and grief](#) – Free
- [Pauktuutit Inuit Women of Canada and the Canadian Cancer Society's Inuusinni Agqusaagtara: My journey](#) – Free

- [Inuuqatigiit's Bridging the Gap: Inuit Cultural Presentations](#) – \$150/hour, \$400/half day, \$850/full day (in-person options)
- [Wabano Centre for Aboriginal Health's Indigenous Cultural Safety Courses: Wabano-Win](#) – \$75 (in-person)

As learning about Indigenous history and culture is an ongoing process, please refer to additional resources for building foundational knowledge. Please note that reviewing the supplemental resources below is for information purposes and completion of training noted above is still required.

Reports and Government:

- 1996 Royal Commission on Aboriginal Peoples: <https://www.bac-lac.gc.ca/eng/discover/aboriginal-heritage/royal-commission-aboriginal-peoples/Pages/introduction.aspx>
- National Centre for Truth and Reconciliation reports: <http://nctr.ca/reports.php>
- Track progress of the 94 Calls to Action: <https://newsinteractives.cbc.ca/longform-single/beyond-94?&cta=83>
- United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP): https://www.un.org/esa/socdev/unpfii/documents/DRIPS_en.pdf
- Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls: <https://www.mmiwg-ffada.ca/final-report/>
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- Non-Insured Health Benefits Program: <https://www.sac-isc.gc.ca/eng/1572537161086/1572537234517>
- Joyce's Principle: [https://principedejoyce.com/sn_uploads/principe/Joyce s Principle brief Eng.pdf](https://principedejoyce.com/sn_uploads/principe/Joyce_s_Principle_brief_Eng.pdf)

Indigenous Cultural Awareness and Safety:

- Cultural Safety – and Why Should I Care About It? <https://www.heretohelp.bc.ca/visions/indigenous-people-vol11/what-indigenous-cultural-safety-and-why-should-i-care-about-it>.

Health Equity and Indigenous People:

- (Film) Jordan's Principle - Abenaki director Alanis Obomsawin tells the story of Jordan River Anderson who spent all five years of his short life in hospital while the federal and Manitoba governments argued over who was responsible for his care. Jordan's Principle was passed into law in 2007 by the House of Commons to ensure that First Nations children would have equal access to government-funded services as the rest of

the Canadian population. Lawyers and activists have continued their fight to ensure that Jordan's Principle is enforced by the federal government: <https://www.tv.org/video/documentaries/jordan-river-anderson-the-messenger>

- (Toolkits) Indigenous Primary Health Care Council Resources: <https://iphcc.ca/resources/>
- (Book and Webinar) Separate Beds: A History of Indian Hospitals in Canada, 1920s-1980s. Book by Maureen Katherine Lux: <https://www.youtube.com/playlist?list=PLMU8mevc0ompDyug4N9GDj3MoyHjCSARN>
- (Report) Allan B, Smylie J. Toronto: Wellesley Institute; 2015; 1–64. First Peoples, second-class treatment: the role of racism in the health and well-being of Indigenous peoples in Canada: <https://www.wellesleyinstitute.com/publications/first-peoples-second-class-treatment/>
- (Report) Cancer Care Ontario Path to Prevention: Recommendations for Reducing Chronic Disease in First Nations, Inuit and Métis: <https://www.ccohealth.ca/en/report-path-to-prevention>
- (Report) National Collaborating Centre for Aboriginal health: Health Inequalities and the Social Determinants of Aboriginal Peoples' Health: <https://www.ccsa-nccah.ca/docs/determinants/RPT-HealthInequalities-Reading-Wien-EN.pdf>
- (Article) Margo Greenwood, Academic Leader, National Collaborating Centre for Indigenous Health. We need to address racism directed at Indigenous people as a national health crisis. December 2020 National Collaborating Centre for Indigenous Health Media Statement: https://www.nccih.ca/485/NCCIH_in_the_News.nccih?id=460
- (Article) Kim, Paul. Health Equity, Volume 3.1, 2019. Social Determinants of Health Inequities in Indigenous Canadians Through a Life Course Approach to Colonialism and the Residential School System: <https://pubmed.ncbi.nlm.nih.gov/31346558/>
- (Podcast and Article) <https://www.cbc.ca/radio/whitecoat/i-am-a-white-settler-why-that-matters-in-health-care-1.4545454/it-s-the-hardest-conversation-we-can-have-confronting-racism-in-health-care-1.4545477> This also includes a 26 min audio only CBC radio show, from December 17, 2016
- (Inquest Report) Seven Youth Inquest Report Thunder Bay: <https://www.thunderbay.ca/en/city-hall/response-to-seven-youth-inquest.aspx>
- (Webinars) Indigenous Cultural Safety Learning Collaborative: <https://www.icscollaborative.com/>

Residential Schools:

- (Interactive on-line) Shingwauk Residential School Centre, Algoma University. Learn where residential schools were located: <https://www.cbc.ca/news2/interactives/beyond-94-residential-school-map/>

- (Film) Tim Wolochatiuk, National Film Board of Canada (2012). *We Were Children is a powerful Canadian National Film Board documentary with testimony from two survivors of Residential Schools.*
https://www.nfb.ca/film/we_were_children/
- (Film) Gord Downie (2016). *Secret Path & Panel Discussion: A multimedia experience following the story of Chanie Wenjack, a boy who died while fleeing a residential school near Kenora Ontario in 1966.*
<https://www.youtube.com/watch?v=yGd764YU9yc>
- (Article) Erin Hanson (2009). Residential School System:
https://indigenousfoundations.arts.ubc.ca/the_residential_school_system/
- (Article) Here to Help: Cheryl Ward, Chelsey Branch, Alycia Fridkin. *Visions Journal*, 2016. What is Indigenous Cultural Survival. Canada Agrees to Reparations for All Residential School Students.
<https://www.culturalsurvival.org/news/canada-agrees-reparations-all-residential-school-students>
- (Article) The Canadian Encyclopedia. Indian Residential Schools Settlement Agreement. (Last edited January 2020, accessed June 2021). <https://www.thecanadianencyclopedia.ca/en/article/indian-residential-schools-settlement-agreement>
- (Interactive on-line) Virtual Tour of the Former Mohawk Institute Residential School:
<https://woodlandculturalcentre.ca/experience/virtual-tour-of-the-former-mohawk-institute-residential-school-public/>

Maps:

- This map identifies approximate locations of Indigenous communities, as well as regional cancer centres and other Indigenous healthcare and service providers in Ontario: www.cancercareontario.ca/en/iccumap
- Native Land is a resource to learn more about Indigenous territories, languages, lands, and ways of life. This map does not represent or intend to represent official or legal boundaries of any Indigenous nations. To learn about definitive boundaries, contact the nations in question: <https://native-land.ca/>